oftentimes stop with thoughts and memories, but with rituals like these, we get the opportunity to reconnect on a completely different level.

Here we get the chance to pay due respect and communicate with our loved ones as if they are still with us. We are them, they are us, time and space halt in that moment and in a not too long future, we also will be the ancestors. In this realization lies the obligation to teach our children to honor their ancestors.

Få dö fränder dö
Ett vet jag som icke dö
Minnet av död man.

The Gautr Kindred also held a Alvblot/forefathers ritual November 5th in the Kindred's stone ring.

Participants brought pictures of deceased relatives that they wanted to honor. This is a great way for our people to reconnect with the ones who have gone before.

The evening ended with a pleasant dinner and plenty of discussions.

Hail Gautr and Hroptatyrs!
Hail the ancestors!
Hail the AFA!
I had an amazing weekend November 9th in the middle of Germany, in a location called Ravensburg a place where the old king Barbarossa is said to sleep with his warriors until Germany is in need.

I was invited to the Artgemainsha for their forefathers' honoring ritual. We first met the leaders when they visited our international event last summer in Sweden, and from then on we have kept in close contact.

I was asked to do a Odin ritual on Saturday the 9th with approximately 100 people in the circle. I also gave a speech about the AFA and how we perform our spirituality in Scandinavia.

The Germans have a different focus than ours; they don't do the blots as we do, but their ceremonies are still effective. As always with the Artgemainsha there's a lot of old folk
dancing that brings much joy and happiness. We also did a traditional sword dance symbolizing the conquering of the sun over winter.

All in all, this was an amazing experience and not the last time we will work together. The Artgemeinshaft is very close to the AFA way of seeing the world and the world of the gods and goddesses.

Anders Nilsson
AFA Folkbuilder
anilsson@runestone.org
Four Corners has been busy behind the scenes! With Thor Fest only a couple months away, the region is getting ready to come together Jan 24th-26th to celebrate our 2nd annual meta-þorrabløt! We will be hosting a pigroast, workshops, auction featuring some of the best craftsmen in the AFA, games, and bløts. Join us in shaking off the winter fever, creating memories and building frith with our folk. Hurry and register before lodging runs out: thorfest2020.eventbrite.com

Jason Plourde  
AFA Folkbuilder  
jplourde@runestone.org

Greetings from Indiana,

In the middle of this month 9 of us met up in central Indiana for dinner. Many of the people there were new with only 3 of us been long time members. It was great to see both new faces and familiar ones. We will have to start doing more of these.
Heimdall's Midgard kindred also go together for dinner, Sumbl and blot. Things are going very well in my kindred and I'm sure the rest of them would agree. Things have really started to come together with us over the last two years and hope it continues for many many more.

We forgot to get a photo of my kindred this time around but was able to get a pic of six of us in central Indiana. A few had to leave on short notice.

My Kindred will have a private Yule next month and look forward to the coming year. We have many plans. We hope that everyone has a Happy Yule this year. Until next time...

Hail the Gods!
Hail the Folk!
Hail the AFA!

Zach Cato
Apprentice Folkbuilder
zcato@runestone.org
During November in Ohio we had two meetups, one in Columbus and one in Lakewood. The frith created within the bonds of friendship is always growing and creating the much needed community of Asatruars in this region.

Our next meetup will be on December 14th in Columbus. Please contact jlambert@runestone.org for details.

This meetup will focus on Yule and its importance as well as collaborating on ideas to further the Midwest region to an even greater level of achievement for 2020.

Hail the Gods!
Hail the AFA!
Hail the Midwest!
Hail the Midwest!
Jessica Lambert
Folkbuilder Apprentice Midwest Region

Northeast

UPCOMING MEET-UPS

**New Jersey Pubmoots**
December 22, 11:00 AM
Evermore Coffee Roasters
30 E Union St, Burlington, NJ

December 22, 6:00 PM
Black & Blue
683 Walnut St, Easton, PA

January 6, 6:30 PM
Harp & Bard
363 Lakeview Ave, Clifton, NJ

**Pennsylvania Hike Moot**
December 14, 12:00 PM
Evansburg State Park
Cedars, Pennsylvania 19426
[https://www.facebook.com/events/663736537459140/](https://www.facebook.com/events/663736537459140/)

UPDATES FROM STONESHIP HEARTH

The Stoneship Hearth Yule Celebration's And Potluck
December 19, 3:00 PM
Brookfield, Massachusetts

Please come and share our Hearth this Yule. Celebrate one of our oldest traditions, give blot, have feast, and share in frith with great folk!! Please come and join us. Bring your favorite dish. There will also be a raffle so bring something great to contribute! Contact a member for more info!

Updates from Lansdale Tru Folk

This month Lansdale Tru Folk celebrated Feast of the Einherjar at home with many guests, as well as met with AFA members near Lancaster, PA. In this busy time of year with family holidays keeping us busy it is important to stay true to our holy days and traditions.
Holy Days celebrated by Lansdale Tru Folk in 2019:

- Thorrablot, Saturday Feb 23 (Thor)
- Ostara, Sunday March 31 (Ostara)
- Sumarsdag, Saturday May 4 (Odin)
- Midsummer (private), Friday June 21 (Sunna)
- Freyfaxi, Sunday August 11 (Frey)
- Harvest, Saturday Sept 21 (Sif)
- Winter Nights in the Poconos (AFA), Fri Oct 18 - Sun Oct 20 (Disir)
- Feast of the Einherjar, Sunday Nov 10 (Einherjar)

**Yule, Saturday Dec 28 (Ancestors)**

Please contact Clifford Erickson if you are new interested in any of these events, if you are in the Northeast region looking for other members, or if you will be passing through.
Ves Heill!

Clifford J. Erickson
AFA Folkbuilder, Witan
cerickson@runestone.org

Northern Plains

Wow this year has flown by pretty fast!
We still have a couple events left this year and many more in the works. We had our monthly meet and greet and monthly study group at the end of November and will continue the study group at the beginning of the new year.

Our Fourth annual Folkish Family Yule is coming up in a couple weeks and this year we are having a formal sitdown Holiday dinner with all the trimmings.
If you are interested in attending any of our events or you are in the area, please email at: jgallagher@runestone.org

Hail our Gods and Goddesses!
Hail our Noble Families!
Hail the Asatru Folk Assembly!!!

Northern Blood Kindred group schedule:
12/1 Northern Blood Kindred Monthly crafting day Bloomington, MN 12-3pm
12/14 4th Annual Folkish Family Yule Celebration Bloomington, MN 4-7 pm

Jason Gallagher
AFA Kindred Coordinator
kindred@runestone.org
Hails from the great Pacific Northwest!

November saw several gatherings for the “Feast of the Einjherjar” around the NW. It's vitally important that we gather as a folk to honor our gods and the ancestors that have gone on before us as it increases our spiritual bond we have with them. The spirits of our ancestors are here to help and guide us, to move obstacles out of our way, to protect us and watch over us, and to teach us the ancient ways once again. Right or wrong it was their hard work and sacrifice that made it possible for us to be here and remembering them is the right thing to do. I am proud to see that we in the NW have made that effort to do this and I know that our Gods and those ancestors are as well!
The season of Jule is now upon us and these long winter nights that may seem so dreary can be shortened and turned into a time of celebration, thanks to our ancestral holiday of Jule. Jul was celebrated from the new moon of November to the new moon of December. At this time, the animals for slaughter were the fattest, flour had been processed, all the work of autumn was completed, and it was time to celebrate.

According to written sources such as the legislation of Gulaþing (one of the first Norwegian legislative assemblies) it was mandatory for farmers to have a beer drinking party with at least three farmers attending. If a farmer was so far away from his neighbors' that this was difficult, he still had to brew as much beer as if he had been taking part of such a party. The beer should be ready by November 1st. The tradition of Yule Ale and "drinking Jul" is symbolized by a drinking horn on December 25 on the Runic calendar, with an upside-down drinking horn depicted on January 13, symbolizing that the ale should be finished by then.
By the wording of the legislation, there are two celebrations where beer drinking in honor of the Æsir, friends, and kinfolk was mandatory. The first was a form of thanksgiving (where at least three farmers attended), while the second was a smaller party for the family.

The figure of the mischievous but gift-bearing Norse Nisse, a mythological creature associated with the Winter solstice in Scandinavian folklore, is a white-bearded, red-wearing ancestral spirit also known as Julenissen (Jul spirit), it was customary to leave a bowl of rice porridge with butter for the Jul spirit in gratitude. This gift represented a sacramental meal for the Yuleblot or Winterblot.

I’m looking forward to gathering with our folk and lifting a horn of mead in celebration! Make an effort to come out to one our Jul events around the NW, if you cannot make an event give me a call and we’ll patch you in and lift one together!
The “Charming of the Plow” Pacific NW annual event site is now up and running. This event will be held in Leavenworth, Washington on the weekend of Feb 7-9th. Email or call me directly for details. This event is also on the “Moots and Meets” Facebook page. Don’t delay — reserve your spot today!

If you would like to organize an event in your area, contact me and I will help you set it up.

December 4, 11, 18, 25
8:00 PM PST

"Wodenstag"—AFA NW weekly call-in forum

December 7th
Seattle area Moot, 12:00 noon – Seattle, WA

December 15th
Yule logging Cascadia Althing – Coeur d’Alene, ID

December 22nd
Yule Cascadia Althing – Coeur d’Alene, ID

December 29th
Yule Celebration – Salem, OR

December TBD
Yule Vinland Volk – Vancouver B.C.

Hail the Gods! Hail the Folk! Hail the AFA!

Joe Rozanek
AFA Folkbuilder
jrozanek@runestone.org
The upper south has seen a busy November! Many members gathered for a delicious meal at the Bavarian Chef in Fredericksburg Virginia earlier in the month. Several members met up and enjoyed a meal together in Winchester Virginia, and a pubmoot also took place in Leesburg Virginia on November 24th.

There will be a Wotan on the peaks hike coming up on December 7th at Grayson Highlands state park on Mount Rogers Virginia. This mountain is the highest mountain in Virginia, and sits right at the Virginia, North Carolina, and Tennessee border. We will have members from all over the upper south region attending, please come on out! The mountain features wild Shetland ponies, a treeless ridge, and one of the few spruce forests in the south. We will meet no later than 11am in the upper state park parking lot. Be prepared for chilly temps, but a spectacular experience! For those truly brave souls, join me that evening camping on the treeless ridge.

I wanted to talk briefly about cultivating Aryan nobility in each of us. No, I don't mean aristocrats with fancy medals and luxurious gowns and formal balls. The term our farthest ancestor’s called themselves was “Aryan” which in classical Sanskrit means “noble.” But what does this mean? Today we see the remaining aristocratic nobility of Europe engaging in behavior that not many would call, “noble.” Must we be born into this high class of society? No. You see, we all were born into nobility. Our great ancestors passed down to us through their toil and sacrifice a great inheritance. One need not be born into an aristocratic line to practice nobility. Our Aryan ancestors called themselves noble, not just their kings and princes.

What does this mean? This means live a life worth the blood they shed and spilled to ensure you exist. Live an upright life, set the example for others of our folk who may have no concept of their ancestral inheritance, work hard and take care of your family. Be loyal to your folk and to your blood, not just the line of your ancestors. My friends, be the people you want your children to grow up to be.
family, church, and folk. We in the AFA exist as a people outside time, but bound by it. By this I mean we adhere to our ancestral path, we have placed upon ourselves the heavy mantle of nobility to live an upright life in accordance with our faith, one our ancestors would be proud of. We do not conform to the lowly depths that popular culture has descended to. We are bound by that time because we must also live in these days and work in that environment. We can and should set a noble example to our wayward folk. Be the change you wish to see, be noble, embrace the spirit of Wotan.

Rob Stamm
Apprentice Folkbuilder
rstamm@runestone.org
November has been a phenomenal month for the Sandhills Kindred and our ever expanding community. Our Úlfhéðnar Hike was a resounding success. We hailed the Disir and held a wonderful Symbol. We also offered a small offering of mead, sweet potatoes, and apples to the land vættir. It's always great to be among folk submerged in nature. Hail those who answer to a higher resolve. 🌿
We will be hosting our annual Yule Celebration December 22nd on the Pee Dee River. This will be an evening filled with ritual, frith, and food. Hail Sunna 🌿

Our Sixth Annual “Ostara in the South” will be in South Carolina March 13th - 15th. This will be the first of many epic events throughout 2020 celebrating the “25th Anniversary of the Asatru Folk Assembly.” Come and join in Frith with others who are making a difference in our thriving community. Hail Ostara 🌿